

Women's Overnight Shelter     **Safe to Sleep**     **Springfield, MO**

Our mission is to provide safe, temporary overnight shelter to women in an atmosphere of dignity, harmony, and compassion.



**Snapshot of Safe to Sleep:**

- Overnight women's shelter open from 7:30pm-7:30am
  - Has provided a safe space for over 1000 women since opening in October 2011
  - Snacks are served for dinner and breakfast
  - Two volunteers are on duty each night to provide oversight
  - Hosted in a church gym; includes showers
  - Guests are provided a cot, sleeping bag, and light snacks
- 

**How to Help:**

**1. Financial support. Donations made directly to Safe to Sleep will be**



**utilized in the area of greatest need.**

Our mission is to provide safe, temporary overnight shelter to women in an atmosphere of dignity, harmony, and compassion.

**2. Donate. We are always in need of the following items:**

- Large size body wash, spray deodorant, shampoo and conditioner
- New socks and panties
- Coffee - Decaf and Regular
- Sanitary products (maxi pads) and razors
- Chapstick
- Cough drops
- Toothbrushes and small size toothpaste
- Cash donations are always helpful - they allow us to purchase specific items at the time of need

**3. Volunteer:** Opportunities available for women, men, and couples. Click to fill out an **application**.

- Full night shift - spend the night (7pm - 8am)
- Smaller shift - for a few hours during the night
- **Background check required for volunteers. Cost of background check is \$10, made payable to Safe to Sleep.**

---

**Night Volunteer Information:**

- Serve 1-2 times per month - 7 PM to 8 AM or partial shift. Choose your schedule. We will train you.
- Serve in pairs, taking turns staying awake. There is a light area with Wifi that you can work in while you need to be awake.
- At least one woman volunteer each night. Meet another volunteer assigned for that evening, or sign up with a friend or your spouse.
- Meet your partner for the night. Prepare the facility by putting out snacks, preparing coffee, etc.
- Have each woman check in as they arrive. They will pick up their cot and bedding.
- Host the women as they relax and go to bed.
- In the morning make coffee and set out a continental breakfast.
- Encourage the guests as they put away cots and bedding, and clean the area.
- Be sure everything is put away and lock door.

---

Admittance into Safe to Sleep **MUST** be approved by One Door. (417.225.7499)