

Women's Overnight Shelter **Safe to Sleep** **Springfield, MO**

Our mission is to provide safe, temporary overnight shelter to women in an atmosphere of dignity, harmony, and compassion.



Snapshot of Safe to Sleep:

- Overnight women's shelter open from 7:30pm-7:30am
 - Has provided a safe space for over 1000 women since opening in October 2011
 - Snacks are served for dinner and breakfast
 - Two volunteers are on duty each night to provide oversight
 - Hosted in a church gym; includes showers
 - Guests are provided a cot, sleeping bag, and light snacks
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How to Help:

1. Financial support. Donations made directly to Safe to Sleep will be



utilized in the area of greatest need.

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2. Donate. We are always in need of the following items:

- Large size body wash, spray deodorant, shampoo and conditioner
- New socks and panties
- Coffee - Decaf and Regular
- Sanitary products (maxi pads) and razors
- Chapstick
- Cough drops
- Toothbrushes and small size toothpaste
- Cash donations are always helpful - they allow us to purchase specific items at the time of need

3. Volunteer: Opportunities available for women, men, and couples. Click to fill out an **application**.

- Full night shift - spend the night (7pm - 8am)
- Smaller shift - for a few hours during the night
- **Background check required for volunteers. Cost of background check is \$10, made payable to Safe to Sleep.**

Night Volunteer Information:

- Serve 1-2 times per month - 7 PM to 8 AM or partial shift. Choose your schedule. We will train you.
- Serve in pairs, taking turns staying awake. There is a light area with Wifi that you can work in while you need to be awake.
- At least one woman volunteer each night. Meet another volunteer assigned for that evening, or sign up with a friend or your spouse.
- Meet your partner for the night. Prepare the facility by putting out snacks, preparing coffee, etc.
- Have each woman check in as they arrive. They will pick up their cot and bedding.
- Host the women as they relax and go to bed.
- In the morning make coffee and set out a continental breakfast.
- Encourage the guests as they put away cots and bedding, and clean the area.
- Be sure everything is put away and lock door.

Admittance into Safe to Sleep **MUST** be approved by One Door. (417.225.7499)